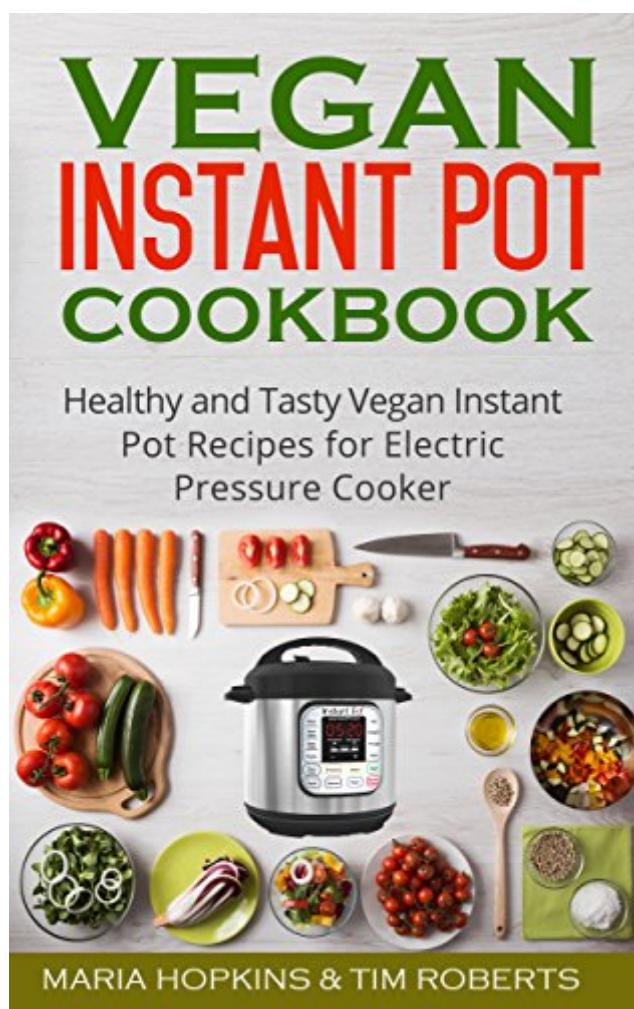


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# Instant Pot Cookbook: Healthy And Tasty Vegan Instant Pot Recipes For Electric Pressure Cooker! (Instant Pot Recipes - Instant Pot® Electric Pressure Cooker)





## Synopsis

Vegan Instant Pot Cookbook: Grab Instant Pot Recipes VEGAN Cookbook today, and start enjoying cooking again! The recipes include Breakfast, Lunch and Dinner recipes, with sections for Snacks, Side Dishes and Soups and Sauces as well. If you have a pressure cooker and don't know how to use it or what meals to make, this book comes to the rescue. You'll learn more about: Health benefits of a vegan diet Differences between slow cookers and pressure cookers Basics of pressure cooking Even if you don't have time to cook you still can have delicious meals every single day. With the vegan recipes in this book, you can inject some excitement back into your diet with food that is easy to prepare and tastes awesome. ORDER YOUR COPY NOW!!! A well-balanced diet is an important pillar of a healthy lifestyle. A vegan diet delivers a multitude of health benefits that have a tremendous potential to improve your lifestyle. In order to eat well, you also have to know how to prepare food properly, make the entire process convenient, and manage to have your meals ready without slaving away in the kitchen. With the vegan recipes in this book, you can inject some excitement back into your diet with food that is easy to prepare and tastes awesome. ORDER YOUR COPY NOW!!!

## Book Information

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## Customer Reviews

You're a vegan and you have a pressure cooker? Then this is the book for you! In this book I've found a great recipes to prepare vegan meals in the pressure cooker. Recipes are easy to follow and easy to prepare. For me the most important thing is that these dishes are tasty and healthy. Sincere recommended!

I love this cookbook so much! It recipes looks so easy and the ingredients are not that hard to find! They're also really healthy, it'll definitely make you enjoy the vegan diet. The tips included are really helpful. 

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